

**SYLLABUS**
**CLASS-IX**
**2023-2024**
**ENGLISH LANGUAGE**
**MONTH**
**Chapters / Lessons / Units to be covered**
**APRIL**

Composition: Narrative  
Notice writing , Email writing  
Grammar: Transformation of sentences (Interchange of kinds of sentences; Too/ So; Despite/In spite of)

**MAY**

Composition: Descriptive  
Letter writing: Friendly  
Grammar: Prepositions; Simple, Compound and Complex sentences

**JUNE**

Letter: Formal  
Comprehension  
Grammar: Agreement of Subject and Verb, Rewriting of sentences (Interchange of Degree of comparison; Active and Passive Voice)

**JULY**

Composition: Argumentative  
Email & Notice Writing -Revision  
Grammar: Tenses, Synthesis of sentences; Transformation of sentences (Interchange of Direct and Indirect Speech; No sooner/As soon as; Hardly ;Unless/If)

**AUGUST**

Composition: Story writing  
Summary writing  
Grammar: Prepositions and Phrasal Verbs

**SEPTEMBER**

Composition: Picture composition  
Grammar: Irregular Verbs; Question tags

**OCTOBER**

Revision of all topics

**NOVEMBER**

Solving Practice Papers and Revision of all topics

**DECEMBER**

Solving Practice Papers and Revision of all topics

**JANUARY**

Solving Practice Papers and Revision of all topics

**FEBRUARY**

Solving Practice Papers and Revision of all topics

**MARCH**

Annual examination

**ENGLISH LITERATURE**
**MONTH**
**Chapters/ Lessons / Units to be covered**
**APRIL**

Drama: Introduction to William Shakespeare  
Julius Caesar- Act 1 , Sc 1  
Poetry: The Night Mail – W.H. Auden

**MAY**

Drama:Julius Caesar-Act 1, Scene 2

**JUNE**

Drama: Julius Caesar-Act 1, Scene 2  
Prose:Bonku Babu's Friend – Satyajit Ray

**JULY**

Drama: Julius Caesar-Act 1, Scene 3  
Poetry: Skimbleshanks: The Railway Cat – T.S. Eliot

**AUGUST**

Drama: Julius Caesar-Act 2, Sc 1  
Prose: Oliver Asks for More – Charles Dickens  
Poetry:I Remember, I Remember – Thomas Hood

**SEPTEMBER**

Drama: Julius Caesar-Act 2, Sc 2  
Prose: The Model Millionaire – Oscar Wilde

**OCTOBER**

Drama:Julius Caesar-Act 2, Sc 3  
Revision for First Term Examination

**NOVEMBER**

Drama: Julius Caesar-Act 2, Sc 4  
Prose:Home-coming – Rabindranath Tagore  
Poetry:A Doctor's Journal Entry for August 6, 1945 – Vikram Seth

**DECEMBER**

Prose- The Boy who Broke the Bank – Ruskin Bond  
Drama- Revision

JANUARY	Drama- Revision Poetry: A Work of Artifice – Marge Piercy
FEBRUARY	Revision
MARCH	Annual Examination
	HINDI (SECOND LANGUAGE)
MONTH	Chapters / Lessons / Units to be covered
APRIL	साहित्य- बात अठन्नी की व्याकरण- वाच्य, औपचारिक पत्र
MAY	साहित्य- गिरिधर की कुंडलियाँ, साखी व्याकरण- शुद्ध – अशुद्ध शब्द और वाक्य, परियोजना कार्य
JUNE	साहित्य- काकी व्याकरण- विलोम, पर्यायवाची
JULY	साहित्य- महायज्ञ का पुरस्कार व्याकरण- अनेक शब्दों के लिए एक शब्द, मुहावरे परियोजना कार्य
AUGUST	साहित्य- स्वर्ग बना सकते हैं हम व्याकरण- विलोम, निबंध
SEPTEMBER	REVISION · अपठित गद्यांश
OCTOBER	साहित्य- नेताजी का चश्मा, वह जन्मभूमि मेरी व्याकरण- वाक्य के भेद परियोजना कार्य
NOVEMBER	साहित्य- अपना – अपना भाग्य व्याकरण- पत्र लेखन – अनौपचारिक पत्र, निबंध
DECEMBER	साहित्य- मेघ आए व्याकरण- काल और उसके भेद
JANUARY	साहित्य- बड़े घर की बेटी, सूर के पद व्याकरण- अपठित गद्यांश, व्याकरण अभ्यास
FEBRUARY	REVISION
MARCH	ANNUAL EXAMINATION
	BENGALI (SECOND LANGUAGE)
MONTH	Chapters / Lessons / Units to be covered
APRIL	व्याकरण- * वाच्य परिवर्तन, वानान संशोधन, *बोध- परीक्षण । गद्य-गिनि / रवीन्द्रनाथ ठाकुर * कविता-वसुधैव कुटुम्बकम् प्रति /माइकेल मधुसूदन दत्त ।
MAY	*व्याकरण- * पत्र लिखन । *गद्य - * लालु / शरत्चन्द्र चट्टोपाध्याय वानान। कविता- * कुलि- मजूर / काजी नजरूल इस्लाम ।*Literature Project
JUNE	*व्याकरण: * एकई शब्दों के विभिन्न अर्थों के प्रयोग । *बोध- परीक्षण । उपसर्ग और अनुसर्ग । *गद्य – वामा / विभूतिभूषण बन्द्योपाध्याय ।
JULY	व्याकरण: * एक कथा प्रकाश । प्रबन्ध रचना, पत्र-लिखन, वानान*वाक्य परिवर्तन –प्रकारगत *संज्ञाप्रति / रवीन्द्रनाथ ठाकुर। *Language Project
AUGUST	व्याकरण: *साधु-चलित, *ध्वन्यात्मक शब्द ।*बोध- परीक्षण, वानान *गद्य- कान्तसार / बनभूल
SEPTEMBER	First Terminal Examination.
OCTOBER	TERM-2 BEGINS... व्याकरण: *वाक्य परिवर्तन गठनमूलक,प्रबन्धरचना और पत्र-लिखन, वानान । गद्य –नाम/ नरेन्द्रनाथ मित्र ।

NOVEMBER	ব্যাকরণঃ বাগধারা , *গল্প – অসহযোগী / মানিক বন্দ্যোপাধ্যায় কবিতা- আবার আসিব ফিরে / জীবনানন্দ দাস।
DECEMBER	ব্যাকরণঃ সাধু ভাষা ও চলিত ভাষা, ছেদ-যতি চিহ্ন। রচনা , বোধ- পরীক্ষণ   * UNIT TEST
JANUARY	ব্যাকরণঃ উক্তি পরিবর্তন   প্রবন্ধ রচনা, বানান। * কবিতা- সিঁড়ি / সুকান্ত ভট্টাচার্য।
FEBRUARY	Final Term Examination, Revision, Worksheet solve.
MARCH	Revision for cl-10 . * Worksheet,Q.Papers solving .
	<b>FRENCH (SECOND LANGUAGE)</b>
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	Movie (Essay/Letter, vocabularies), Grammar - Revision on Types of sentences (worksheets/assignments)
<b>MAY</b>	Vacation (Essay/Letter, vocabularies), Grammar - Revision on Pronouns COD, COI (worksheets/assignments)
<b>JUNE</b>	Profession (Essay/Letter, vocabularies), Grammar - Comparative-Superlative
<b>JULY</b>	Family (Essay, vocabularies), Grammar - Comparative-Superlative (worksheets/assignments)
<b>AUGUST</b>	Indian Culture (Essay/Letter, vocabularies), Grammar - Revision on Tense (worksheets/assignments)
<b>SEPTEMBER</b>	Indian Monuments (Essay, vocabularies), Grammar - Revision on
<b>OCTOBER</b>	Pets (Essay, vocabularies), Grammar - Revision on Pronouns y and en
<b>NOVEMBER</b>	Favorite recipe (Letter, vocabularies), Grammar - Revision on Articles
<b>DECEMBER</b>	Importance of French Language (Essay/Letter, vocabularies), Grammar - Revision on/*
<b>JANUARY</b>	La Revision
<b>FEBRUARY</b>	La Revision
<b>MARCH</b>	<b>ANNUAL EXAMINATION</b>
	<b>HISTORY &amp; CIVICS</b>
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	1. Our Constitution. 2. Elections. 3. The Harappan Civilizations
<b>MAY</b>	4. The Vedic Period. 5. Jainism and Buddhism.
<b>JUNE</b>	6. The Mauryan Empire 7.The Sangam Age 8. The Age of the Guptas.
<b>JULY</b>	9. Renaissance. 10. Reformation.
<b>AUGUST</b>	11. Industrial Revolution
<b>SEPTEMBER</b>	Revision Project: Renaissance or Composite Culture.
<b>OCTOBER</b>	12. The Cholas. 13. The Delhi Sultanate
<b>NOVEMBER</b>	14. The Mughal Empire.
<b>DECEMBER</b>	16. Local Self Government.
<b>JANUARY</b>	Revision
<b>FEBRUARY</b>	Revision and Project Submission
<b>MARCH</b>	Annual Examination
	<b>GEOGRAPHY</b>

MONTH	Chapters / Lessons / Units to be covered
APRIL	1.The Earth as a Planet 2. Geographic Grid
MAY	3. Rotation and Revolution of the Earth World Map - Water bodies. Project topic to be given
JUNE	4.Structure of the Earth 5. Landforms of the Earth Map work Project Submission
JULY	6. Rocks 7. Volcanoes
AUGUST	8.Earthquakes 9. Weathering Map work
SEPTEMBER	10. Denudation Revision Map work
OCTOBER	11. Hydrosphere 12.Composition and Structure of the Atmosphere
NOVEMBER	13.Insolation 14. Atmospheric Pressure and Winds Map work
DECEMBER	15. Humidity 16. Pollution –Types & Sources Map work
JANUARY	17. Pollution – Effects & Prevention 18. Natural Regions of the World Map work
FEBRUARY	18. Natural Regions of the World (cont...) Revision
MARCH	Final Exam
	<b>PHYSICS</b>
MONTH	Chapters / Lessons / Units to be covered
APRIL	Measurement , Motion in One Dimension
MAY	Laws of Motion
JUNE	Laws of Motion (contd)
JULY	Pressure, Upthrust Archimedes's Principle
AUGUST	Heat And Energy
SEPTEMBER	Reflection Of Light
OCTOBER	Propagation Of Sound Waves,
NOVEMBER	Current Electricity
DECEMBER	Current Electricity (contd)
JANUARY	Magnetism
FEBRUARY	Revision
MARCH	Annual Examination
	<b>CHEMISTRY</b>
MONTH	Chapters / Lessons / Units to be covered
APRIL	1. Language of Chemistry 2. Chemical Reactions (Except Redox Reactions)
MAY	1. Water ( with Hard and Soft Water) 2. Atmospheric Pollution
JUNE	1. The Atomic structure (Part-1)
JULY	1. The Atomic Structure (Part - 2) 2. Periodic Table

<b>AUGUST</b>	1. Periodic Table and Periodicity in Properties 2. Chemical Bonding
<b>SEPTEMBER</b>	1. Revision of Atomic Structure, Periodic Table and Chemical Bonding) 2. First Terminal Examination
<b>OCTOBER</b>	1. Hydrogen (Redox Reactions Included) 2. Practical Chemistry -1
<b>NOVEMBER</b>	1. Practical Chemistry - 2,3 and 4 2. Questions Based on Practical Chemistry
<b>DECEMBER</b>	1. The Study of Gas Laws
<b>JANUARY</b>	1. Revision of Language of Chemistry 2. Revision of Chemical Reactions with Hydrogen
<b>FEBRUARY</b>	1. Revision 2. Beginning of Term Ending Examination
<b>MARCH</b>	1. Annual Examination
	<b>BIOLOGY</b>
<b>MONTH</b>	Chapters / Lessons / Units to be covered
<b>APRIL</b>	Cell-the unit of life
<b>MAY</b>	The Flower Pollination and Fertilization
<b>JUNE</b>	Seeds-Structure and germination Nutrition
<b>JULY</b>	Digestive System Skin- the jack of all trades
<b>AUGUST</b>	Respiration in Plants
<b>SEPTEMBER</b>	Revision
<b>OCTOBER</b>	Skeleton-Movement and Locomotion The Respiratory System
<b>NOVEMBER</b>	Tissues- Plant and Animal Tissues Economic Importance of Bacteria and Fungi Waste Generation and Management
<b>DECEMBER</b>	Five Kingdom Classification Aids to health Health Organisations
<b>JANUARY</b>	Diseases: Cause & Control Hygiene
<b>FEBRUARY</b>	Revision
<b>MARCH</b>	
	<b>MATHEMATICS</b>
<b>MONTH</b>	Chapters / Lessons / Units to be covered
<b>APRIL</b>	COMPOUND INTEREST FACTORISATION INDICES
<b>MAY</b>	EXPANSIONS RATIONAL AND IRRATIONAL NUMBERS
<b>JUNE</b>	LOGARITHMS TRIANGLES
<b>JULY</b>	ISOSCELES TRIANGLES PYTHAGORAS THEOREM, DISTANCE FORMULA.
<b>AUGUST</b>	SIMULTANEOUS EQUATIONS INEQUALITIES STATISTICS MEAN AND MEDIAN
<b>SEPTEMBER</b>	COORDINATE GEOMETRY
<b>OCTOBER</b>	RECTILINEAR FIGURES
<b>NOVEMBER</b>	CONSTRUCTIONS OF POLYGONS AREA AND PERIMETER OF PLANE FIGURES
<b>DECEMBER</b>	MID-POINT THEOREM AND CONVERSE TRIGONOMETRY SOLIDS

<b>JANUARY</b>	<b>AREA THEOREMS CIRCLES: ARC AND CHORD PROPERTIES GRAPHICAL SOLUTIONS</b>
<b>FEBRUARY</b>	<b>Revision</b>
<b>MARCH</b>	<b>Annual Examination</b>
	<b>ENVIRONMENTAL SCIENCE</b>
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<ul style="list-style-type: none"> <li>• Our Environmental problems</li> </ul>
<b>MAY</b>	<ul style="list-style-type: none"> <li>• Components of Ecosystem</li> </ul>
<b>JUNE</b>	<ul style="list-style-type: none"> <li>• Working of Ecosystem</li> <li>• Biogeochemical Cycle and Succession</li> </ul>
<b>JULY</b>	<ul style="list-style-type: none"> <li>• Kinds of Ecosystem</li> <li>• Bio Geographic Zones of India</li> </ul>
<b>AUGUST</b>	<ul style="list-style-type: none"> <li>• Our Water resources</li> </ul>
<b>SEPTEMBER</b>	<ul style="list-style-type: none"> <li>• Revision</li> </ul>
<b>OCTOBER</b>	<ul style="list-style-type: none"> <li>• Air pollution</li> </ul>
<b>NOVEMBER</b>	<ul style="list-style-type: none"> <li>• Green House Effect and Ozone Depletion</li> </ul>
<b>DECEMBER</b>	<ul style="list-style-type: none"> <li>• Soil and Land</li> <li>• Poverty</li> </ul>
<b>JANUARY</b>	<ul style="list-style-type: none"> <li>• Urbanization</li> <li>• Agriculture</li> </ul>
<b>FEBRUARY</b>	<ul style="list-style-type: none"> <li>• Revision</li> </ul>
<b>MARCH</b>	<ul style="list-style-type: none"> <li>• Combating Deforestation</li> </ul>
	<b>COMMERCIAL STUDIES</b>
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>Commercial &amp; Non-Commercial Activities,Business Activities,Profit and Non-Profit Organisations.</b>
<b>MAY</b>	<b>Commercial Organisations,Sole Trader,Partnership,Terminology of Accounting.</b>
<b>JUNE</b>	<b>Cooperative Society,Public Sector Enterprises ,Accounting Books-Journal.</b>
<b>JULY</b>	<b>Marketing and Sales,Finance and Accounts,Human Resources.</b>
<b>AUGUST</b>	<b>Production,Purchasing and Stores,Accounting Books-Ledger.</b>
<b>SEPTEMBER</b>	<b>General Administration,Legal Compliance and Management Information System Departments, Communication in Commercial Organisations,Accounting Books-Cash Book.</b>
<b>OCTOBER</b>	<b>Verbal and Non-Verbal Communication,Different methods of communication,Accounting Books-Petty Cash Book.</b>
<b>NOVEMBER</b>	<b>Basic Accounting Principles and Concepts,Banking,Accounting Books-Trial Balance.</b>
<b>DECEMBER</b>	<b>Trade,Social Responsibility of Commercial Organisation towards the environment,Accounting Books-Bank Reconciliation Statement.</b>
<b>JANUARY</b>	<b>Accounting Books and Statements-Revision.</b>
<b>FEBRUARY</b>	<b>Revision.</b>
<b>MARCH</b>	<b>Annual Examination</b>
	<b>COMPUTER APPLICATION</b>
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>Introduction to Object Oriented Programming Concepts</b>
<b>MAY</b>	<b>Elementary Concept of Objects and Classes</b>
<b>JUNE</b>	<b>Values and Data Types</b>
<b>JULY</b>	<b>Operators in Java</b>
<b>AUGUST</b>	<b>Input in Java</b>
<b>SEPTEMBER</b>	<b>Mathematical Library Methods</b>
<b>OCTOBER</b>	<b>Conditional Statements in Java</b>
<b>NOVEMBER</b>	<b>Iterative Constructs in Java</b>
<b>DECEMBER</b>	<b>Nested for Loops</b>
<b>JANUARY</b>	<b>Computing and Ethics More on Basic Input / Output</b>
<b>FEBRUARY</b>	<b>Revision of full syllabus</b>

<b>MARCH</b>	<b>Annual Examination</b>
	<b>ECONOMIC APPLICATION</b>
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>MEANING AND DEFINITION OF ECONOMICS BASIC ECONOMIC ENTITIES IN AN ECONOMY</b>
<b>MAY</b>	<b>BASIC PROBLEMS OF AN ECONOMY TYPES OF ECONOMIES</b>
<b>JUNE</b>	<b>CHARACTERISTICS OF INDIAN ECONOMY AGRICULTURE</b>
<b>JULY</b>	<b>INDUSTRY SERVICES</b>
<b>AUGUST</b>	<b>OTHER SECTORS OF THE INDIAN ECONOMY</b>
<b>SEPTEMBER</b>	<b>ECONOMIC INFRASTRUCTURE</b>
<b>OCTOBER</b>	<b>SOCIAL INFRASTRUCTURE</b>
<b>NOVEMBER</b>	<b>CONSUMER AWARENESS</b>
<b>DECEMBER</b>	<b>GLOBALISATION</b>
<b>JANUARY</b>	<b>REVISION</b>
<b>FEBRUARY</b>	<b>REVISION</b>
<b>MARCH</b>	<b>ANNUAL EXAMINATION</b>
	<b>ART</b>
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	<b>Still life study, shading, basics of perspective Vegetable study Basics of designing</b>
<b>MAY</b>	<b>Still life study ,shading, basics of perspective Fruit study Basics of card designing</b>
<b>JUNE</b>	<b>Still life study study with 3 objects shading, basics of perspective Flower study Basics of poster designing</b>
<b>JULY</b>	<b>Still life study study with 3 objects shading, basics of perspective Flower study Basics of poster designing</b>
<b>AUGUST</b>	<b>Still life study study with 3 objects shading, basics of perspective Flower study Basics of poster designing</b>
<b>SEPTEMBER</b>	<b>Still life study with 2 objects, shading, basics of perspective Simple plant study Illustration</b>
<b>OCTOBER</b>	<b>Still life study with 2 objects, shading, basics of perspective Leaf study Book cover design</b>
<b>NOVEMBER</b>	<b>Still life study with 3 objects, shading, basics of perspective Plant study Poster design</b>
<b>DECEMBER</b>	<b>Still life study with 5 objects, shading, basics of perspective Flowering plants study Logo design</b>
<b>JANUARY</b>	<b>Still life study with 3 objects, shading, basics of perspective Plant study Emblem design</b>
<b>FEBRUARY</b>	<b>Still life study with water colour Plant study Catalogue design</b>
<b>MARCH</b>	<b>Still life study with shading and watercolour Plant study Poster design revision</b>

<b>PHYSICAL EDUCATION : CRICKET</b>	
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	.warm up (general and specific) .running between the wickets . technique throwing from close
<b>MAY</b>	.warm up (general and specific) .running between the wickets . technique throwing from deep
<b>JUNE</b>	.warm up (general and specific) .running between the wickets . technique throwing from midfield
<b>JULY</b>	.warm up (general and specific) . planning for batting . planning for bowling . Basics of batting
<b>AUGUST</b>	.warm up (general and specific) . planning for batting . planning for bowling . Basics of Bowling
<b>SEPTEMBER</b>	.warm up (general and specific) . Square Cut . planning for bowling
<b>OCTOBER</b>	.warm up (general and specific) . technique throwing from the boundary line . middle practice .Cover Drive
<b>NOVEMBER</b>	.warm up (general and specific) . technique throwing from the boundary line . middle practice .Run up and approach
<b>DECEMBER</b>	.warm up (general and specific) . technique throwing from the boundary line . middle practice .Straight drive
<b>JANUARY</b>	.warm up (general and specific) . planning for batting . planning for bowling .umpiring rules
<b>FEBRUARY</b>	.warm up (general and specific) . bowling in the death overs . batting finding gapes
<b>MARCH</b>	.warm up (general and specific) . Leg glance . Flick shot .Bowling Yorkers
<b>PHYSICAL EDUCATION: ATHLETICS</b>	
<b>MONTH</b>	<b>Chapters / Lessons / Units to be covered</b>
<b>APRIL</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Learning / improving basic athletic motor skills. Game
<b>MAY</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Introduction of general safety and competition rules.Game
<b>JUNE</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Awareness about sports terminologies. Methods of strength and endurance development. Free play (games and sports)
<b>JULY</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Physical fitness training(Endurance aerobic & anaerobic & strengthening) Game
<b>AUGUST</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Methods of speed and flexibility development.Free play ( games and sports) Improving team spirit
<b>SEPTEMBER</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Develop sprinting like, sprint distances of 30 to 120 mts and practice types of sprint start Sports day practice. Free play
<b>OCTOBER</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Means of fitness development and measuring of pulse rate. Sports day practice. Game



<b>NOVEMBER</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Develop reaction sprint, different kinds of relays and shuttle sprint over a distance. Sports Day practice. Game
<b>DECEMBER</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Improving jump-power, co-ordination and increasing speed running different techniques. Sports Day Practice. Game
<b>JANUARY</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Conditioning training. Develop shot-put technique (O Brian) Rhythm activity like marching on command etc. Game
<b>FEBRUARY</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Develop an understanding of physical body movement, balance and control. All kinds of technical training. Game
<b>MARCH</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Improve physical fitness through various activities. Mass drill exercises. Team tactics. Game
	<b>PHYSICAL EDUCATION : FOOTBALL</b>
<b>MONTH</b>	Chapters / Lessons / Units to be covered
<b>APRIL</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Physical fitness training (extensive endurance, aerobic capacity, endurance circuit course with continuous running) Game
<b>MAY</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Co-ordination training (Running co-ordination, jumping & heading) Technical training (passing, shooting) Game
<b>JUNE</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Technical training like dribbling, heading) Tactics (Attacking & Defensive Principle) Game
<b>JULY</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Physical fitness training (Co-ordination circuit course speed & timing, reaction & finishing)
<b>AUGUST</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercises. Compound technical training (receiving a ball & kicking, dribbling & shooting, kicking & heading) Goal keeper training. Game
<b>SEPTEMBER</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Tactics (Attacking tactics-Individual & collective) Game
<b>OCTOBER</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Physical fitness training (Endurance, strength, speed) Set play & functional training & Goal keeper training. Sports day practice
<b>NOVEMBER</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Group tactics (combination play to maintain possession & score) Sports day practice. Game
<b>DECEMBER</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Physical fitness training (Endurance, strength, speed) Sports day practice. Game
<b>JANUARY</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Conditioning training. Game Compound technical exercise Team tactics (the speed attack & defence concepts) Game
<b>FEBRUARY</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Functional training & Goal keeper training.
<b>MARCH</b>	General warm-up, General and specific exercises like, Toe-to-head or Head-to-Toe exercise. Passing, technical Skill. Game
	<b>PHYSICAL EDUCATION: BASKETBALL</b>
<b>MONTH</b>	Chapters / Lessons / Units to be covered
<b>APRIL</b>	Special endurance training (with and without ball). Technique of fake and change of direction. Technique of fake and drive shot with defense. Basketball match.
<b>MAY</b>	Special endurance training (with and without ball). Technique of fake and change of direction. Technique of fake and drive shot with defense. Basketball match.
<b>JUNE</b>	Special endurance training (with and without ball). Technique of fake and change of direction. Technique of fake and drive shot with defense. Basketball match.
<b>JULY</b>	Warm up (Conditioning training). Technique of one vs one (with and without ball). Technique of zone defense. Basketball match.

<b>AUGUST</b>	<p>Warm up(Conditioning training).  Technique of one vs one (with and without ball).  Technique of zone defense.  Basketball match.</p>
<b>SEPTEMBER</b>	<p>Warm up(Conditioning training).  Technique of one vs one (with and without ball).  Technique of zone defense.  Basketball match.</p>
<b>OCTOBER</b>	<ul style="list-style-type: none"> <li>• Specific fitness training.</li> <li>• Technique of give the ball and go take own position. <ul style="list-style-type: none"> <li>• Technique of pivot play.</li> </ul> </li> <li>• Technique of man to man defense. <ul style="list-style-type: none"> <li>• Basketball match.</li> <li>• Sports day practice.</li> </ul> </li> </ul>
<b>NOVEMBER</b>	<ul style="list-style-type: none"> <li>• Specific fitness training.</li> <li>• Technique of give the ball and go take own position. <ul style="list-style-type: none"> <li>• Technique of pivot play.</li> </ul> </li> <li>• Technique of man to man defense. <ul style="list-style-type: none"> <li>• Basketball match.</li> <li>• Sports day practice.</li> </ul> </li> </ul>
<b>DECEMBER</b>	<ul style="list-style-type: none"> <li>• Specific fitness training.</li> <li>• Technique of give the ball and go take own position. <ul style="list-style-type: none"> <li>• Technique of pivot play.</li> </ul> </li> <li>• Technique of man to man defense. <ul style="list-style-type: none"> <li>• Basketball match.</li> <li>• Sports day practice.</li> </ul> </li> </ul>
<b>JANUARY</b>	<ul style="list-style-type: none"> <li>• Body balance and footwork. <ul style="list-style-type: none"> <li>• Man to man defense. <ul style="list-style-type: none"> <li>• Zone defense.</li> </ul> </li> </ul> </li> <li>• Technique of pivot play. <ul style="list-style-type: none"> <li>• Basketball match.</li> </ul> </li> </ul>
<b>FEBRUARY</b>	<ul style="list-style-type: none"> <li>• Body balance and footwork. <ul style="list-style-type: none"> <li>• Man to man defense. <ul style="list-style-type: none"> <li>• Zone defense.</li> </ul> </li> </ul> </li> <li>• Technique of pivot play. <ul style="list-style-type: none"> <li>• Basketball match.</li> </ul> </li> </ul>
<b>MARCH</b>	<ul style="list-style-type: none"> <li>• Body balance and footwork. <ul style="list-style-type: none"> <li>• Man to man defense. <ul style="list-style-type: none"> <li>• Zone defense.</li> </ul> </li> </ul> </li> <li>• Technique of pivot play. <ul style="list-style-type: none"> <li>• Basketball match.</li> </ul> </li> </ul>